



Homoeopathic
Health Clinic



Diagnostic Clinic
ALLERGY, HEALTH &
LIFESTYLE SCREENING

Gut & IBS Health

Comprehensive 134 Panel Food Intolerance Test

Professional Lab IgG Antibody Blood Test



- ❖ Accurate & Reliable Food Intolerance test by Certified Labs
- ❖ Detailed Explanations & Advice by Health Experts
- ❖ Identify the causes affecting your health
- ❖ Understand how your body reacts to environmental triggers
- ❖ Optional 30-minute telephone consultation with a CNHC registered Nutritionist to help you to optimise your diet whilst removing your unique trigger foods (*chargeable)

More Relevant Antigens - Get greater professional insight with ten food and drink sections and only the most relevant antigens.

Results - test results within 5 – 7 working days from sample receipt.

Approved Antigens - Our test only uses antigens from approved biotechnology suppliers, helping to ensure accuracy.



134 Panel Food Intolerance Blood Test

Grains & Staples	Vegetables	Dairy & Eggs	Meat & Fish
<ul style="list-style-type: none"> Barley Brown Rice Gluten Oats Wheat White Rice 	<ul style="list-style-type: none"> Avocado Broccoli Cabbage Carrot Cauliflower Chick Pea Cucumber Garden Pea Lettuce Mushroom Onion Peppers Spring Onion Spinach Sweet Potato Sweetcorn Tomato Turnip White Potato 	<ul style="list-style-type: none"> Casein (Cow) Egg White Egg Yolk Goat Milk Sheep Milk Whey (Cow) Whole Egg Whole Milk (Cow) 	<ul style="list-style-type: none"> Beef Chicken Duck Lamb Pork Turkey Cod Crab Crayfish Haddock Lobster Mackerel Prawns Salmon Sardine Shrimp Trout Tuna 
Fruit	Nuts, Seeds & Beans	Herbs, Spices & Oils	Others
<ul style="list-style-type: none"> Apple Apricot Banana Blackberry Blueberry Cantaloupe Melon Cherry Cranberry Grape - Red Grape - White Grapefruit Honeydew Melon Lemon Lime Mango Olive Orange Peach Pear Pineapple Raisins Raspberry Strawberry Sultana Watermelon 	<ul style="list-style-type: none"> Almonds Brazil Nut Cashew Nut Hazelnut Peanut Pistachio Walnut Coconut Flax Seed Sesame Seed Sunflower Seed Cocoa Bean Green Bean Haricot Bean Kidney Bean Soybean 	<ul style="list-style-type: none"> Cinnamon Garlic Ginger Paprika Vanilla Coconut Oil Corn Oil Olive Oil Flaxseed Oil Peanut Oil Sesame Oil Sunflower Oil 	<ul style="list-style-type: none"> Baker's Yeast Balsamic Vinegar Brewer's Yeast Citric Acid Hemp Hops Lentils Malt Vinegar Mustard Vanilla Essence Wheatgrass 
		Drinks	Protein Supplements
		<ul style="list-style-type: none"> Almond Milk Black Tea Cacao Cashew Milk Coconut Milk Coffee Green Tea Hazelnut Milk Hemp Milk Oatmilk Rice Milk Soya Milk White Tea 	<ul style="list-style-type: none"> Casein Protein Isolate Hemp Protein Isolate Pea Protein Isolate Rice Protein Isolate Soy Protein Isolate Whey Protein Isolate 

No Food Mixtures - Antigens tested individually with NO food mixtures, giving more actionable results.

45 Years Experience - The Laboratory team have a combined 45 year's experience in blood tests, healthcare, and scientific research.

Detailed Results - Our 12-page results package shows food reactions on a scale of 0 - 5, instead of just 'positive' or 'negative'.



**Homoeopathic
Health Clinic**



Diagnostic Clinic
ALLERGY, HEALTH &
LIFESTYLE SCREENING

How It Works!

Initial Appointment – Test includes 15 minutes appointment at our clinic for initial consultation, advice & we then take a finger prick blood sample/s.

We send the sample/s to certified labs for analysis for reaction of your IgG antibodies. The full test programme will provide you with results to 134 foods and drinks.

The results in pdf file will be sent to you within 5 to 7 working days by email or WhatsApp for you to download. After which we include 15 minutes phone discussion about your report.

Cost: Food Intolerance 134 Foods Blood Test = £195

Optional test available - Aug 2023

Allergy Test Panels 38 Allergens

(see additional information)

- Blood Test = £100

Recommended:

1 Allergy + 1 Food Intolerance Test Panel - Blood Test = £295 (10% Off) Offer Price £265

Optional Nutritional therapist support:

Add a **30-minute session** with a qualified **Nutritional Therapist** to help you understand the report and make changes to your diet. Consultation with a CNHC registered Nutritionist will help you to optimise your diet whilst removing your unique trigger foods. **Sessions are available for £30 per consultation.**

Improve your health, live a healthier lifestyle

All blood kits are UKCA and CE marked



The UKCA and CE markings are labels to display that the blood kits comply with regulatory requirements.